



SACRED HEART RC NURSERY AND PRIMARY SCHOOL

Everyone is Sacred

FRIDAY FLYER

1st December 2017



An Advent thought.....

*'Worship Fully.....because Christmas begins and ends with Jesus
Spend Less.....feel less stress and focus on things that matter to Jesus
Give more.....offer one another presence, rather than merely presents
Love All.....love the forgotten, the poor, the marginalised and sick in
the way Jesus asked us to.'*

Dear Parents and Carers,



I hope you enjoyed listening to our lovely school choir singing on Radio Devon this week. The lines for voting are open today and it would be lovely if you could encourage your family and friends to follow this link <http://www.bbc.co.uk/programmes/articles/3kbK2ffR05YBDhfy3JJVrf9/star-for-christmas-2017> and vote for our school. Thank you.

This week we were invited to watch the Foundation stage Nativity. It was just delightful and every child in Nursery and Foundation were part of the play. They all thoroughly enjoyed themselves. We are so proud of them all especially as some are only just three.



Well done to our newly formed netball team. This week they took part in the School Games competition and played in their first league match. Their sportsmanship was commendable. Thank you to Mrs. Garside, Mrs. Dunstone and Mrs. Cully for their commitment and enthusiasm.





Alongside all the other things going on in school at this busy time we have announced the winners of our Christmas Card competition and booklet competition. Well done to everyone who took part and a special thank you to Mrs. Perkins for organising the competitions, prizes and designing and printing the beautiful certificates.

On Tuesday evening at 6.30pm we welcome you to the Church to watch St. George and St. Patrick perform 'Prepare the Way of the Lord'. Then on Wednesday St. Andrew and St. David will be performing. We ask that the children are back into school at 6pm in full school uniform. Many thanks.



Christmas Party

The Civic Award children are hosting a Senior Citizens Christmas Party in the Church Hall on Friday starting at 2pm. All grandparents who qualify are very welcome.

Next week Year Four have been invited to South Devon College as part of their Cracking Contraptions project. They are being picked up by the College minibuses and will be having a morning of hands-on activities. Something for them to look forward to and very much part of our on-going theme of Resilience and Aspiration.

We wish you and your family a peaceful weekend.

Best wishes,
Helen Brown
Head teacher



Parent Information

Over the coming weeks we will be providing helpful resources, on a number of topics with the aim to keep our children safe.

Week 4

Keeping safe online: Snapchat

Last summer, Snapchat, used regularly by many children and young people, launched a new feature. SnapMaps allows users to see the location of their contacts. This feature allows others to accurately pinpoint where you are. ChildNet have posted a thorough explanation of SnapMaps and how to ensure users stay safe.

<http://www.childnet.com/blog/introducing-snap-maps-the-new-location-sharing-feature-in-snapchat>

Please note that Snap chat is a 13+ social media app. However, it is very popular with children in the latter years of primary school.

The minimum age is **13**, in compliance with the Children's Online Privacy Protection Act (COPPA). When you download it, Snapchat asks for your date of birth.

Learn more about Snapchat here: <https://www.net-aware.org.uk/networks/snapchat/>

Week 3



musical.ly

Keeping Safe

Keeping safe online: Musical.ly

Channel 4 recently reported that children as young as nine are being groomed and bombarded with sexually explicit messages on popular social media app Musical.ly and streaming site Lively. The article is published at the following address and highlights the importance of parents being aware of what their children are doing online:

<https://www.channel4.com/news/children-bombarded-with-sexually-explicit-chat-on-musical-ly-and-live-ly>

Week 2

childline

ONLINE,
ON THE PHONE,
ANYTIME
childline.org.uk
0800 1111

Keeping Safe

Terrorism: advice and guidance

The Home Office has published advice and online resources for parents, children and teachers explaining what adults can do to support people affected by terrorism.

<https://www.childline.org.uk/info-advice/your-feelings/anxiety-stress-panic/worries-about-the-world>

Week 1



Keeping Safe

Gaming: resources for parents and carers

The UK Safer Internet Centre has published a leaflet for parents and carers providing information and advice about online gaming, and how to help support children and young people enjoy online games positively and safely.

<https://www.saferinternet.org.uk/blog/gaming-%E2%80%93-resources-parents-and-carers>



Children In Need Update

We have raised **£314.94** for Children In Need by holding sweet sales and having a Pyjama Day. Well done everyone and a huge thank you!



Literacy Corner



Sproutzilla vs. Christmas by Tom Jamieson

Jack loves everything about Christmas. Except for one thing: he does not like Brussels sprouts. When Jack's parents bring home the largest sprout he has ever seen, things are about to get out of control. Sproutzilla is the meanest, greenest Christmas-ruining vegetable ever and now he's heading straight towards Santa! It's up to Jack to save Christmas, and there's only one way to do it . . . He'll have to eat the sprouts!

Sproutzilla vs. Christmas is Tom Jamieson and Mike Byrne's first book with Macmillan. Their strikingly bold and funny story about a rampaging sprout will convince even the most reluctant eaters about the importance of eating their vegetables.



Good Work Certificates

Well done to all the pupils who received certificates this week during our *Good Work Assembly*.

	<u>Star Writer</u>	<u>Star Worker</u>	<u>Value Certificate</u>
Rec	Krzysztof	Reception	Isla
Yr 1	Alan	Isabel	Tianna
Yr 2	Izzy	Breanne	Nikola
Yr 3	Hayden	Brooke	Aamira
Yr 4	Nate	Dea	Reece
Yr 5	Lara	Harrison	Francesca
Yr 6	Jack	Madison	Matty

Christmas at Sacred Heart R.C Nursery & Primary School



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
20 th Nov	21 st Nov	22 nd Nov	23 rd Nov	24 th Nov 10:00 – Whole school watching foundation nativity. 13:00 – “Understanding Your Child’s Mental Health” 16:00 – Choir at Palace Avenue	25 th Nov	26 th Nov
27 th Nov	28 th Nov 10:00 & 14:30 Foundation Nativity	29 th Nov	30 th Nov	1 st Dec 13:00 – “Understanding Your Child’s Mental Health”	2 nd Dec	3 rd Dec
4 th Dec	5 th Dec 14:30 – Nursery Parents afternoon 18:30 – St. Patrick and St. George performance in the Church	6 th Dec 14:30 – Reception Christmas Workshop 18:30 – St. Andrew and St. David performance in the Church	7 th Dec School Council Meeting	8 th Dec Year 2 Party Senior Citizen’s Party: Civic Award Children to Host (Invitation Only)	9 th Dec Choir Singing at HCPT	10 th Dec Choir Singing at The Salvation Army
11 th Dec Nursery and Reception Breakfast with Santa 10.30 – Year 3 to Primley Court 14:00 – “Understanding Thrive” for Parents/Carers Toddler Party	12 th Dec Years 1 and 2 Breakfast with Santa 14:30 onwards-Christmas Fayre	13 th Dec Years 3 and 4 Breakfast with Santa Christmas Jumper Day School Party Day School Christmas Meal School Christmas Disco	14 th Dec Years 5 and 6 Breakfast with Santa	15 th Dec LAST DAY		

Children are to return back to school on Tuesday 2nd January 2018.

Understanding your child's emotional health and wellbeing



Creativity and play



Keep Learning



Be Active



Take Notice



Connect

Are you interested in developing a positive approach to emotional wellbeing for your child?

We are offering in-house sessions.

These will run on a Friday afternoon, from 12th January for four sessions. Starting at 1:15 and ending at 3:15.

The sessions will be held in the Jubilee Lodge . Refreshments will be provided.

These are supported and endorsed by our Primary Mental Health team from CAHMS.

Week One: What is good mental health?

Week Two: How do we recognise when mental health goes wrong? Containing difficult feelings and emotions.

Week Three: Managing risk and developing resilience.

Week Four: Understanding our children's mental health.

I would like to register my interest in the upcoming event, Understanding your child's emotional wellbeing.

Childs Name _____

My contact details _____

Alternatively, to register your interest, please see Jo Jerrett in the Jubilee Lodge.

Second Hand Uniform

For Sale



The School Council members will be holding a **second hand uniform sale** in the **playground in the last week of each half term**. Look out for confirmation of the date and then come and grab a bargain!!

New School Uniform is available from Riviera Schooldays

186 Union Street Torquay TQ2 5QP

Tel: 01803 293650

SACRED HEART TODDLER GROUP



This group meets each Monday afternoon from 2.00pm to 3.00pm in the school hall. **Please note that entry is through the Nursery gate.** All are very welcome.



Breakfast Club

We are now running our own Breakfast Club from 8.00 – 8.45 each day. **The cost of each session is £2.50 and includes a choice of juice, cereal, toast and fruit will be provided.**

This is being run by one of our teaching assistants Mrs. English.

PARKING!



We appreciate parking is limited at the beginning of the day and at the end of the day when parents are dropping off and collecting children from school. **However** we must remember that the school is placed in a residential community and local residents do have the right to be able to enter and leave their homes at all times of the day

If you have not already done so, you can collect a permit from the school office which will allow you to park in the Churchward Road car park free of charge during the drop off and pick up times.



Please note – FOR HEALTH AND SAFETY REASONS DOGS ARE NOT ALLOWED IN THE SCHOOL PLAYGROUND.



No dogs except assistance dogs

SCHOOL Attendance



Do you know that if your child has a record of 90% attendance what it actually means?

- **Half a day missed every week**
- **Nearly four whole weeks of lessons missed in a school year!**
- **Half a school year missed over five years!**

Class	Attendance %	% of Lateness
Reception	93.2	0.342
Year 1	97.0	0.000
Year 2	97.3	0.667
Year 3	95.2	0.000
Year 4	98.3	0.345
Year 5	88.4	0.331
Year 6	98.3	0.333

For this week: -

The attendance award goes to Year 4 & Year 6

&

The Quick Start award goes to Year 1 & Year 3



Parents/Carers, please can you telephone the school BEFORE 09:30 to inform that your child will be absent from school and give the reason for that absence. Please ring **each day that your child is absent unless there is a definitive timescale of absence i.e. there needs to be **48 hours** clear from the last bout of sickness and/or diarrhea.**



NURSERY

PARENTS



Please could you contact the school office if your child is poorly on the days they are due to attend nursery.

REMEMBER to also send in a letter when your child returns to school, confirming the dates and reason for their absence.

School Matters!



Attend Today, Achieve Tomorrow



OUR FAMILY SUPPORT WORKER



Hi my name is **Mrs Louise Loram**; I'm your friendly Family Support Worker at your child's school.

I have supported families and children for the past 20 years and throughout this time have supported families with a range of issues, concerns and challenges. Being a mum myself I understand that parenting is probably the hardest job in the world, and sometimes we all could do with a little support to steer us in the right direction.

I am here to support you with any aspect of family life which is concerning you and your children at the moment. I don't claim to have all the answers but I have a lot of knowledge, experience and contacts within agencies and organisations I can signpost you to if need be.

My support will mostly be done through home visits; however, I will also be attending groups within school so you can access me freely.

I will be holding a 'drop in' service between 8.45am and 11am. The next session will be on Tuesday 12th December 2017. This will be held in the side room off the church hall. Please come to the school office if you have any questions. There's a possibility that other groups may start up, so watch this space!

If there is any aspect that you would like me to contact you about, let Mrs Nott or the school office know and they will put me in touch with you.

Sometimes a worry shared is a worry halved!





Information for parents/carers about punctuality

Punctuality is a good thing!

Being on time:

- gets the day off to a good start with everyone in a positive frame of mind;
- sets positive patterns for the future;
- helps your child to make the most of his/her learning;
- helps children to develop a sense of responsibility both for themselves and for others;
- helps your child make and keep friends;
- leads to success and self-confidence.

Lateness is a bad thing!

Being late:



- gets the day off to a bad start, can put everyone in a bad mood and can be stressful;
- can be embarrassing for your child;
- is noticed by others who might make negative comments;
- may damage your child's confidence;
- your child will have missed out on vital instructions, information and bits of news at the start of the day, this may lead to them feeling confused;
- disrupts the learning for everyone;
- means children can fall behind in their learning;
- can create a bad habit that can be hard to break in the future;
- can lead to poor attendance.

Types of lateness

- Late **before** the registration closes – when your child is a few minutes late.
- Late **after** the register closes – **counts as an unauthorised absence.**

Some things that help

- Helping your child to get everything ready the night before (e.g. PE kit, reading book, school uniform).
- Finding out what your child will be doing each day.
- Allowing plenty of time to get to school.
- Making arrangements with neighbours, family or friends if you have problems getting your child to school.
- Making sure your child has breakfast or arrives at school in time for breakfast club.
- Helping your child organise homework.
- Establishing a good bedtime routine. Even simple things like making sure the room is dark enough to enable your child to sleep well can make mornings easier and less of a struggle.
- Making sure your child gets enough rest and is not distracted by too much time on the computer or watching TV.
- Setting an alarm clock!
- Taking care of yourself!

What should you do if you have a problem getting your child to school on time?

- **Talk** to your child first. **Talk** to your child's teacher.
- **Ask** for help from someone you feel you can talk to in school.

