



SACRED HEART RC NURSERY AND PRIMARY SCHOOL

Everyone is Sacred



FRIDAY FLYER



17th November 2017

Dear Parents and Carers,

**REMINDER
NO SCHOOL**

A reminder that we are closed on Monday for an Inset day. We are all going to St. Nicholas RC Primary in Exeter to receive training with other CAST schools on the Primary Writing Project. The principles of this we have been using in school for a few years already.

There has been great excitement in school today with our fundraising for Children in Need. Counting is still going on! This week we have also welcomed to school a neo-natal nurse, Mrs. Isabella Helmore, a scientist, Mr. Hayes and two fire arms experts who work for the Metropolitan Police, Mr. and Mrs. Norton. We really appreciate the time given to us and the work that goes in to preparing for the visit. This term all our children have had an opportunity to work with people from 12 different professions. The term started with Years 5/6 visiting Exeter University. Our children are amazing and we know they can all reach for the stars whilst remaining grounded in knowing that 'Everyone is Sacred'.



This week Year three visited PCSA to take part in an athletics tournament. We have listed all the dates for Christmas in this Friday Flyer. We have had to move a couple of dates due to having to fit in with our food providers etc. Please use the dates on this flyer as a guide. Emily will be updating the website diary on Monday.

The children who are this year working for their Civic Award are an excellent example to us all. They have been thinking of new and imaginative ways to raise money and we once again thank you for your support. They managed to pack over twenty boxes for Operation Christmas Child. Once again thank you for your donations and support.



We wish you and your family a peaceful weekend.

Best wishes,
Helen Brown
Head teacher



Everyone is sacred

Parent Information

Over the coming weeks we will be providing helpful resources, on a number of topics with the aim to keep our children safe.

Week 2

childline

ONLINE,
ON THE PHONE,
ANYTIME
childline.org.uk
0800 1111

Keeping Safe

Terrorism: advice and guidance

The Home Office has published advice and online resources for parents, children and teachers explaining what adults can do to support people affected by terrorism.

<https://www.childline.org.uk/info-advice/your-feelings/anxiety-stress-panic/worries-about-the-world>

Week 1



Keeping Safe

Gaming: resources for parents and carers

The UK Safer Internet Centre has published a leaflet for parents and carers providing information and advice about online gaming, and how to help support children and young people enjoy online games positively and safely.

<https://www.saferinternet.org.uk/blog/gaming-%E2%80%93-resources-parents-and-carers>



Good Work Certificates

Well done to all the pupils who received certificates this week during our Good Work Assembly.

	<u>Star Writer</u>	<u>Star Worker</u>	<u>Value Certificate</u>
Rec	Tyler	Lydia	Taylor
Yr 1	Jessica	Maisy	Hanna
Yr 2	Lottie	Chloe	Kanhaiya
Yr 3	Rebekah	Toby	Freya
Yr 4	Bryony	Sienna	Gabriella
Yr 5	Max	Ashley	Charlie
Yr 6	Sureyya	Rio	Ryan



Literacy Corner



The Song from Somewhere Else by A. F. Harrold

Frank doesn't know how to feel when Nick Underbridge rescues her from bullies one afternoon. No one likes Nick. He's big, he's weird and he smells - or so everyone in Frank's class thinks. And yet, there's something nice about Nick's house. There's strange music playing there, and it feels light and good and makes Frank feel happy for the first time in forever. But there's more to Nick, and to his house, than meets the eye, and soon Frank realises she isn't the only one keeping secrets. Or the only one who needs help ...

A poignant, darkly comic and deeply moving story about the power of the extraordinary, and finding friendship where you least expect it. Written by the author of the critically acclaimed *The Imaginary* and illustrated by award-winning illustrator Levi Pinfold, this is perfect for fans of Roald Dahl and Neil Gaiman.



Dates for your Diary!

24th November 2017 School Choir singing at Palace Avenue

28th November 2017 Foundation Nativity @ 10am & 2:30pm

3rd December 2017 School Choir singing at Cockington Court
(provisional)

5th December 2017 St Patrick & St George Christmas
Performance in Church @ 6:30pm

6th December 2017 St Andrew & St David Christmas Performance
in Church @ 6:30pm

8th December 2017 Senior Citizen Party by invitation, hosted by
Civic Award children

8th December 2017 Year 2 Parent & children Party in the
afternoon

9th December 2017 School Choir singing for HCPT at Abbey Road
Church @ 4pm

10th December 2017 School Choir singing at the Salvation Army in
the afternoon.

11th December 2017 Understanding Thrive Parent Workshop

11th, 12th, 13th, & 14th December 2017 Breakfast with Santa

13th December 2017 Christmas Party Day, Christmas Jumper Day,
Christmas Meal and Christmas Disco *Phew!!* Times to be advised.



Understanding your child's emotional health and wellbeing



Creativity and play



Keep Learning



Be Active



Take Notice



Connect

Are you interested in developing a positive approach to emotional wellbeing for your child?

We are offering in-house sessions.

These will run on a Friday afternoon, from 12th January for four sessions. Starting at 1:15 and ending at 3:15.

The sessions will be held in the Jubilee Lodge . Refreshments will be provided.

These are supported and endorsed by our Primary Mental Health team from CAHMS.

Week One: What is good mental health?

Week Two: How do we recognise when mental health goes wrong?

Containing difficult feelings and emotions.

Week Three: Managing risk and developing resilience.

Week Four: Understanding our children's mental health.

I would like to register my interest in the upcoming event, Understanding your child's emotional wellbeing.

Childs Name _____

My contact details _____

Alternatively, to register your interest, please see Jo Jerrett in the Jubilee Lodge.

Wanted!

Your gently used books!



We are currently working on adding more stock to our school library. If you have any 'gently used' children's books you would like to donate to our library, please bring them into school and give to your child's class teacher.

**If we cannot use any donated book for the library,
it will be sold to raise funds to buy new books.**

Thank you for your generosity!

Second Hand Uniform

For Sale



The School Council members will be holding a **second hand uniform sale** in the **playground in the last week of each half term**. Look out for confirmation of the date and then come and grab a bargain!!

SACRED HEART TODDLER GROUP



This group meets each Monday afternoon from 2.00pm to 3.00pm in the school hall. **Please note that entry is through the Nursery gate.** All are very welcome.

New School Uniform is available from Riviera Schooldays

186 Union Street Torquay TQ2 5QP

Tel: 01803 293650



Breakfast Club

We are now running our own Breakfast Club from 8.00 – 8.45 each day. **The cost of each session is £2.50 and includes a choice of juice, cereal, toast and fruit will be provided.**

This is being run by one of our teaching assistants Mrs. English.

PARKING!



We appreciate parking is limited at the beginning of the day and at the end of the day when parents are dropping off and collecting children from school. **However** we must remember that the school is placed in a residential community and local residents do have the right to be able to enter and leave their homes at all times of the day

If you have not already done so, you can collect a permit from the school office which will allow you to park in the Churchward Road car park free of charge during the drop off and pick up times.



Please note - FOR HEALTH AND SAFETY REASONS DOGS ARE NOT ALLOWED IN THE SCHOOL PLAYGROUND.



No dogs except assistance dogs

SCHOOL Attendance



Do you know that if your child has a record of 90% attendance what it actually means?

- **Half a day missed every week**
- **Nearly four whole weeks of lessons missed in a school year!**
- **Half a school year missed over five years!**

Class	Attendance %	% of Lateness
Reception	97.3	0.333
Year 1	98.7	0.000
Year 2	98.7	0.667
Year 3	96.0	0.000
Year 4	97.1	0.000
Year 5	91.3	0.323
Year 6	97.0	1.333

For this week: -

The attendance award goes to Year 1 & Year 2

&

The Quick Start award goes to Year 1, Year 3 & Year 4.



Parents/Carers, please can you telephone the school BEFORE 09:30 to inform that your child will be absent from school and give the reason for that absence. Please ring each day that your child is absent unless there is a definitive timescale of absence i.e. there needs to be 48 hours clear from the last bout of sickness and/or diarrhea.



NURSERY

PARENTS



Please could you contact the school office if your child is poorly on the days they are due to attend nursery.

REMEMBER to also send in a letter when your child returns to school, confirming the dates and reason for their absence.

School Matters!



Attend Today, Achieve Tomorrow



OUR FAMILY SUPPORT WORKER



Hi my name is **Mrs Louise Loram**; I'm your friendly Family Support Worker at your child's school.

I have supported families and children for the past 20 years and throughout this time have supported families with a range of issues, concerns and challenges. Being a mum myself I understand that parenting is probably the hardest job in the world, and sometimes we all could do with a little support to steer us in the right direction.

I am here to support you with any aspect of family life which is concerning you and your children at the moment. I don't claim to have all the answers but I have a lot of knowledge, experience and contacts within agencies and organisations I can signpost you to if need be.

My support will mostly be done through home visits; however, I will also be attending groups within school so you can access me freely.

I will be holding a 'drop in' service between 8.45am and 11am. The next session will be on Tuesday 12th December 2017. This will be held in the side room off the church hall. Please come to the school office if you have any questions. There's a possibility that other groups may start up, so watch this space!

If there is any aspect that you would like me to contact you about, let Mrs Nott or the school office know and they will put me in touch with you.

Sometimes a worry shared is a worry halved!





Information for parents/carers about punctuality

Punctuality is a good thing!

Being on time:

- gets the day off to a good start with everyone in a positive frame of mind;
- sets positive patterns for the future;
- helps your child to make the most of his/her learning;
- helps children to develop a sense of responsibility both for themselves and for others;
- helps your child make and keep friends;
- leads to success and self-confidence.

Lateness is a bad thing!

Being late:



- gets the day off to a bad start, can put everyone in a bad mood and can be stressful;
- can be embarrassing for your child;
- is noticed by others who might make negative comments;
- may damage your child's confidence;
- your child will have missed out on vital instructions, information and bits of news at the start of the day, this may lead to them feeling confused;
- disrupts the learning for everyone;
- means children can fall behind in their learning;
- can create a bad habit that can be hard to break in the future;
- can lead to poor attendance.

Types of lateness

- Late **before** the registration closes – when your child is a few minutes late.
- Late **after** the register closes – **counts as an unauthorised absence.**

Some things that help

- Helping your child to get everything ready the night before (e.g. PE kit, reading book, school uniform).
- Finding out what your child will be doing each day.
- Allowing plenty of time to get to school.
- Making arrangements with neighbours, family or friends if you have problems getting your child to school.
- Making sure your child has breakfast or arrives at school in time for breakfast club.
- Helping your child organise homework.
- Establishing a good bedtime routine. Even simple things like making sure the room is dark enough to enable your child to sleep well can make mornings easier and less of a struggle.
- Making sure your child gets enough rest and is not distracted by too much time on the computer or watching TV.
- Setting an alarm clock!
- Taking care of yourself!

What should you do if you have a problem getting your child to school on time?

- **Talk** to your child first. **Talk** to your child's teacher.
- **Ask** for help from someone you feel you can talk to in school.

