



## SACRED HEART RC NURSERY AND PRIMARY SCHOOL

### FRIDAY FLYER

10<sup>th</sup> March 2017

*'Everyone is Sacred'*



Dear Parents and Carers,

Thank you for supporting Frances Jerrett and Erin Mason's fundraising 'Odd Clothes Day' for Cancer Research and Water Aid. All our Civic Award children work independently to achieve all aspects of the award. We are very proud of them.



On Tuesday afternoon Years Four and Five travelled by coach to Spires College in Torquay where they took part in the final round of 'Sing Around the Bay'. The following day, Wednesday, Year Three enjoyed an excellent day at Kents Cavern as part of their theme this half term. Year Five also enjoyed a morning at PCSA linked to e-safety. Yesterday afternoon Year Two spent the afternoon taking part in an athletics competition at PCSA. Years Four and Five have visits linked to their theme, later in the term.

Mr. Powell has sent out a letter reminding you of a visit from an Olympic Athlete next week. Part of the visit is to raise money for future training so we wish you well in your sponsorship. Yesterday our Year Six and Year Two revision clubs started. Well done to the children who have signed up for this and a special thanks to all the teachers who will be giving willingly of their time.



We wish you and your families a peaceful weekend.

Best wishes

Helen Brown

Head Teacher

*'Lent is a time of preparation for Easter'*





# Star Certificates



	<u>Star Worker</u>	<u>Star Writer</u>	<u>Star Citizen</u>
<u>Rec</u>	Joseph	Mia	Mollie
Year 1	Olivia	Ryan	Lydia
Year 2	Hayden	Scott	Charlotte
Year 3	Charlie	Millie	Philip
Year 4	Jack	Nell	Francesca
Year 5	Codie	Anna-Mae	Callum
Year 6	Aneena	Leon	Zara



**Parents/Carers**, please can you **telephone** the school **BEFORE 09:30** to inform that your child will be absent from school and give the reason for that absence. Please ring **each day** that your child is absent unless there is a definitive timescale of absence i.e. there needs to be **48 hours** clear from the last bout of sickness and/or diarrhea.



**NURSERY**

**PARENTS**



Please could you contact the school office if your child is poorly on the days they are due to attend nursery.

**REMEMBER to also send in a letter when your child returns to school, confirming the dates and reason for their absence.**

## Norovirus Season 2016/17

Public Health England has contacted all schools regarding the approaching norovirus season with guidelines to help minimise the risk of outbreaks.

**Novovirus causes viral gastroenteritis, characterised by the sudden onset of vomiting and/or diarrhea.** It can spread rapidly in closed environments such as schools, childcare settings, hospitals and nursing homes. **However, most people do not require treatment and recover at home within one or two days.**

Novovirus is easily transmitted from person to person and by consuming contaminated food or water or by contact with contaminated surfaces or objects. **Therefore**

If your child develops novovirus please help avoid the spread by

- Staying away from school until they have been free from symptoms for at least 48 hours and avoid contact with others where possible.
- Keep hydrated by drinking fluids as tolerated.
- If symptoms persist (more than 48hours), phone the GP or the NHS non –emergency number 111 for advice.
- Wash hands thoroughly with soap and water regularly but particularly after toilet visits and before eating/handllng food. Alcohol hand gel is not effective against novovirus.

**Please note – FOR HEALTH AND SAFETY REASONS DOGS ARE NOT ALLOWED IN THE SCHOOL PLAYGROUND.**



## ***PARKING!***



We appreciate parking is limited at the beginning of the day and at the end of the day when parents are dropping off and collecting children from school. **However** we must remember that the school is placed in a residential community and local residents do have the right to be able to enter and leave their homes at all times of the day

If you have not already done so, you can collect a permit from the school office which will allow you to park in the Churchward Road car park free of charge during the drop off and pick up times.



### Second Hand Uniform For



Sale

The School Council members will be holding a **second hand uniform sale in the playground in the last week of each half term.** Look out for confirmation of the date and then come and grab a bargain!!

**New School Uniform** is available from

**Riviera Schooldays**

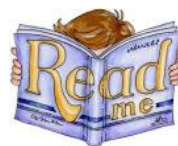
186 Union Street

Torquay

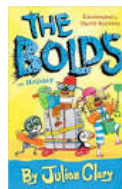
TQ2 5QP

Tel: 01803 293650

[www.rivieraschooldays.co.uk](http://www.rivieraschooldays.co.uk)



### ***LITERACY CORNER***



The Bolds on Holiday by Julian Clary

Carry on camping with dream team Julian Clary and David Roberts! It's the summer holidays, and the hairiest family in Teddington, decide to take a well-earned holiday by the seaside. With their extended hyena family in tow, they head on down to Cornwall for a spot of camping. But it's never long before trouble sniffs these hyenas out, and Bobby is mistaken for a pup and snatched by a wicked dognapper. The Bolds will need all their ingenuity to hunt her down and rescue all the pilfered pooches. But can these hyenas-in-disguise save the day, without letting the cat out of the bag...?

# ATTENDANCE



*Do you know that if your child has a record of 90% attendance what it actually means?*

- *Half a day missed every week*
- *Nearly four whole weeks of lessons missed in a school year!*
- *Half a school year missed over five years!*

<b>Class</b>	<b>Attendance %</b>	<b>% of Lateness</b>
<b>Reception</b>	<b>98.3</b>	<b>0.000</b>
<b>Year 1</b>	<b>94.1</b>	<b>0.690</b>
<b>Year 2</b>	<b>96.7</b>	<b>0.333</b>
<b>Year 3</b>	<b>99.0</b>	<b>0.666</b>
<b>Year 4</b>	<b>95.3</b>	<b>1.333</b>
<b>Year 5</b>	<b>97.3</b>	<b>0.690</b>
<b>Year 6</b>	<b>93.1</b>	<b>0.577</b>



***For this week:***

***The Attendance Award goes to Year 3***

***&***

***The Quick Start Award goes to Reception***

## **SACRED HEART TODDLER GROUP**



This group meets each Monday afternoon from 2.00pm to 3.00pm in the school hall. **Please note that entry is through the Nursery gate.** All are very welcome.



## **Breakfast Club**

We are now running our own Breakfast Club from 8.00 – 8.45 each day at a cost of £2.00 per session. Juice, cereal bars and fruit are provided.

This is being run by one of our teaching assistants Mrs. English.

Application forms are available from the school office.



# School Council News



## **Advanced Notice!!**

The school council will be holding a 'nearly new' children's clothes sale to raise money for Comic Relief – more details to follow.

In the meantime, we would be very grateful if you could you send any clothes donations (Years 0-12) into the office.

Your support as always is appreciated.

The School Council





## Dates for Diaries



Mondays & Tuesdays  
'Name the Teddy' 20p a go!  
Organised by Ava & Erin for their  
Civic Award. Please support them



### FAMILY SUPPORT WORKER DROP-IN

Our family support worker Louise Loram will be holding a 'drop in' service, next **Tuesday 14<sup>th</sup> March**, between 8.30am and 10.30am. This will be held in the side room off the church hall. Please come to the school office if you have any questions.



### Sainsbury's Active Kids Vouchers

Please can you collect and donate your Active Kids vouchers to us. Our collection box is located in the Reception area. This year we can exchange them for an exciting range of active and cooking equipment to enable us to 'support kids to eat well, move well and live well'.



### Bikeability Holiday Courses

Torbay Council is once again running their hugely popular Cycling courses in the Easter Holidays at Torbay Velopark. These range from Learn to Ride to Bikeability Level 2. There are courses for age 6 upwards. They fill quickly so please book early. Course information is available from [twowheelstuition@yahoo.co.uk](mailto:twowheelstuition@yahoo.co.uk)



**31<sup>st</sup> March 2017** – Easter Bonnet Parade organized by FOSH.



FOSH are holding a Bingo Night on **23rd March 17**. More details to follow.



FOSH Disco Night on  
**Thursday 30 March 2017**

**Foundation & KS1 5.00pm – 6.15pm**

**KS2 – 6.30pm- 7.45pm**



## **OUR FAMILY SUPPORT WORKER**



Hi my name is **Mrs Louise Loram**; I'm your friendly Family Support Worker at your child's school.

I have supported families and children for the past 20 years and throughout this time have supported families with a range of issues, concerns and challenges. Being a mum myself I understand that parenting is probably the hardest job in the world, and sometimes we all could do with a little support to steer us in the right direction.

I am here to support you with any aspect of family life which is concerning you and your children at the moment. I don't claim to have all the answers but I have a lot of knowledge, experience and contacts within agencies and organisations I can signpost you to if need be.

My support will mostly be done through home visits; however I will also be attending groups within school so you can access me freely.

I will be holding a 'drop in' service on **Tuesday 14<sup>th</sup> March**, between 8.30am and 10.30am. This will be held in the side room off the church hall. Please come to the school office if you have any questions.

There's a possibility that other groups may start up, so watch this space!

If there is any aspect that you would like me to contact you about, let Mrs Nott or the school office know and they will put me in touch with you.

**Sometimes a worry shared is a worry halved!**







# Cook's Corner



## Roasted Mediterranean Vegetables Puff Pizza

### Ingredients

1 pack Jus-Rol Light puff ready rolled pastry sheet

½ - 1 tbsp light olive oil

½ red onion diced

1 clove garlic

1 small courgette halved lengthways and sliced

1 red pepper diced

3 cherry tomatoes halved and quartered

Seasonings

100g light feta cheese

1 egg, beaten to glaze

### Method

- 1 Follow pastry preparation instructions. Preheat oven to Gas Mark 7(220°C for fan assisted ovens).
- 2 Sauté the onion and garlic in oil for 5 minutes then add the courgette and pepper. Cook for a further 5-7 minutes then allow to cool.
- 3 Unroll the pastry sheet and cut into 4 rectangles. Crumble the feta cheese into the cooled vegetables, add the tomatoes and season to taste.
- 4 Divide the mixture on one half of the pastry, putting it just off centre of the length and leaving the border around filling of approx. 1cm.
- 5 Brush the pastry edges lightly with beaten egg and fold pastry over the filling pressing around the edges firmly to seal. Trim the sealed sides with a sharp knife, make a slit on the top and knock up edges to seal, then brush with beaten egg to glaze and sprinkle with poppy seeds.
- 6 Bake for 15 minutes until pastry risen and golden. Serve hot.





## Information for parents/carers about punctuality

### Punctuality is a good thing!

#### Being on time:

- gets the day off to a good start with everyone in a positive frame of mind;
- sets positive patterns for the future;
- helps your child to make the most of his/her learning;
- helps children to develop a sense of responsibility both for themselves and for others;
- helps your child make and keep friends;
- leads to success and self-confidence.

### Lateness is a bad thing!

#### Being late:



- gets the day off to a bad start, can put everyone in a bad mood and can be stressful;
- can be embarrassing for your child;
- is noticed by others who might make negative comments;
- may damage your child's confidence;
- your child will have missed out on vital instructions, information and bits of news at the start of the day, this may lead to them feeling confused;
- disrupts the learning for everyone;
- means children can fall behind in their learning;
- can create a bad habit that can be hard to break in the future;
- can lead to poor attendance.

### Types of lateness

- Late **before** the registration closes – when your child is a few minutes late.
- Late **after** the register closes – **counts as an unauthorised absence.**

### Some things that help

- Helping your child to get everything ready the night before (e.g. PE kit, reading book, school uniform).
- Finding out what your child will be doing each day.
- Allowing plenty of time to get to school.
- Making arrangements with neighbours, family or friends if you have problems getting your child to school.
- Making sure your child has breakfast or arrives at school in time for breakfast club.
- Helping your child organise homework.
- Establishing a good bedtime routine. Even simple things like making sure the room is dark enough to enable your child to sleep well can make mornings easier and less of a struggle.
- Making sure your child gets enough rest and is not distracted by too much time on the computer or watching TV.
- Setting an alarm clock!
- Taking care of yourself!

### What should you do if you have a problem getting your child to school on time?

- **Talk** to your child first. **Talk** to your child's teacher.
- **Ask** for help from someone you feel you can talk to in school.



**Remember we are here to help.** We want to work together to find solutions so that little problems **don't** become BIG ones.