



SACRED HEART RC NURSERY AND PRIMARY SCHOOL

FRIDAY FLYER

17th March 2017

'Everyone is Sacred'

Dear Parents and Carers,

We are delighted to announce that we will be able to share with you the letter we have received from OFSTED confirming that we are still a good school. We will be sending a copy of the letter home to all parents on Monday and it will also go live on our website. Something to look forward to.

Thank you for your support of last week's Civic Award non-uniform day. The girls are still counting the money they raised for Water Aid and Cancer Research. On Monday we will be sending out our CAFOD envelopes so the children can save their small change as part of their Lenten work. The money goes directly to CAFOD and supports communities to be self sufficient. The CAFOD website is always full of quality information.



Sports wise we have had a busy few days. On Wednesday we welcomed Szandra Szogedi. She is an Olympic Judo player. Apart from taking part in some training exercises the children also learnt about resilience, commitment and stamina. Thank you for your support in sponsoring this event. Yesterday our Year girls and boys football teams took part in the annual Catholic Schools Football tournament at St. Margaret Clitherow School in Brixham. We are delighted to say our girl's team came first and although our boys did not come first they scored the most goals during the tournament. Well done to all the children concerned, to Mr. Powell for organising it and to all the teachers who supported him.



Whilst this was going on the rest of Year 5 went to an activities afternoon at PCSA. Mrs. Cully reported that a good time was had by all and the children behaved well. The Foundation stage welcomed the Animal HQ. They experienced handling and learnt about the care of small creatures and animals as part of their work on dinosaurs.



We wish you and your families a peaceful weekend.

Best wishes

Helen Brown

Head Teacher



Foundation Stage enjoyed a visit from Animal HQ on Thursday morning. They were able to hold a variety of creatures; snakes, cockroaches, lizards, stick insects, guinea pigs, rabbits, chinchillas and they even got to high five a tarantula! The children thoroughly enjoyed this experience. We would like to thank the parents/guardians of the children for their donation to enable this to happen.



Miss While

Star Certificates

	<u>Star Worker</u>	<u>Star Writer</u>	<u>Star Citizen</u>
<u>Rec</u>	Jessica	Lennie	Owen
Year 1	Toby	Breanne	Isla
Year 2	Dexter	Reuben	Katie
Year 3	Tilly	Kaitlyn	Lewis
Year 4	Kira	Krishma	Harry
Year 5	Daniella	Sureyya	Jessica
Year 6	Ella	Kajus	Jazzmin



Parents/Carers, please can you **telephone** the school **BEFORE 09:30** to inform that your child will be absent from school and give the reason for that absence. Please ring **each day** that your child is absent unless there is a definitive timescale of absence i.e. there needs to be **48 hours** clear from the last bout of sickness and/or diarrhea.



NURSERY

PARENTS



Please could you contact the school office if your child is poorly on the days they are due to attend nursery.

REMEMBER to also send in a letter when your child returns to school, confirming the dates and reason for their absence.

Norovirus Season 2016/17

Public Health England has contacted all schools regarding the approaching norovirus season with guidelines to help minimise the risk of outbreaks.

Novovirus causes viral gastroenteritis, characterised by the sudden onset of vomiting and/or diarrhea. It can spread rapidly in closed environments such as schools, childcare settings, hospitals and nursing homes. **However, most people do not require treatment and recover at home within one or two days.**

Novovirus is easily transmitted from person to person and by consuming contaminated food or water or by contact with contaminated surfaces or objects. **Therefore**

If your child develops novovirus please help avoid the spread by

- Staying away from school until they have been free from symptoms for at least 48 hours and avoid contact with others where possible.
- Keep hydrated by drinking fluids as tolerated.
- If symptoms persist (more than 48hours), phone the GP or the NHS non –emergency number 111 for advice.
- Wash hands thoroughly with soap and water regularly but particularly after toilet visits and before eating/handllng food. Alcohol hand gel is not effective against novovirus.

Please note – FOR HEALTH AND SAFETY REASONS DOGS ARE NOT ALLOWED IN THE SCHOOL PLAYGROUND.



PARKING!



We appreciate parking is limited at the beginning of the day and at the end of the day when parents are dropping off and collecting children from school. **However** we must remember that the school is placed in a residential community and local residents do have the right to be able to enter and leave their homes at all times of the day

If you have not already done so, you can collect a permit from the school office which will allow you to park in the Churchward Road car park free of charge during the drop off and pick up times.



Second Hand Uniform For



The School Council members will be holding a **second hand uniform sale in the playground in the last week of each half term.** Look out for confirmation of the date and then come and grab a bargain!!

New School Uniform
is available from

Riviera Schooldays

186 Union Street

Torquay

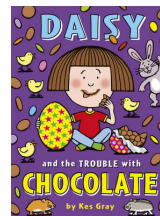
TQ2 5QP

Tel: 01803 293650

www.rivieraschooldays.co.uk



LITERACY CORNER



Daisy and the Trouble with Chocolate by Kes Gray

In a nutshell: Daisy discovers there's such a thing as too much chocolate | The combination of chocolate, more chocolate and being asked to look after the class hamsters - Pickle and Pops - over the Easter holidays proves too much for Daisy (from an adult perspective anyway) and boy, does she get herself into hot (chocolatey) water. Kes Gray and Nick Sharratt's boisterous, quick-thinking young heroine is irrepressible however and she still ends up having her chocolate and eating it. Children will recognise Daisy's world and understand completely the temptations she succumbs to, even if they'd never dare do the things she does. Terrific storytelling for newly independent readers.

ATTENDANCE



Do you know that if your child has a record of 90% attendance what it actually means?

- *Half a day missed every week*
- *Nearly four whole weeks of lessons missed in a school year!*
- *Half a school year missed over five years!*

Class	Attendance %	% of Lateness
Reception	96.5	0.333
Year 1	97.1	0.000
Year 2	95.9	0.000
Year 3	96.0	0.000
Year 4	96.2	0.667
Year 5	93.2	1.724
Year 6	95.8	0.386



For this week:

The Attendance Award goes to Year 1

&

The Quick Start Award goes to Years 1, 2 & 3

SACRED HEART TODDLER GROUP



This group meets each Monday afternoon from 2.00pm to 3.00pm in the school hall. **Please note that entry is through the Nursery gate.** All are very welcome.



Breakfast Club

We are now running our own Breakfast Club from 8.00 – 8.45 each day at a cost of £2.00 per session. Juice, cereal bars and fruit are provided.

This is being run by one of our teaching assistants Mrs. English.

Application forms are available from the school office.



School Council News



Advanced Notice!!

The school council will be holding a 'nearly new' children's clothes sale to raise money for Comic Relief – more details to follow.

In the meantime, we would be very grateful if you could you send any clothes donations (Years 0-12) into the office.

Your support as always is appreciated.

The School Council





Dates for Diaries



Mondays & Tuesdays
'Name the Teddy' 20p a go!
Organised by Ava & Erin for their Civic Award. Please support them



FAMILY SUPPORT WORKER DROP-IN

Our family support worker Louise Loram will be holding a 'drop in' service, next **Tuesday 18th April**, between 8.30am and 10.30am. This will be held in the side room off the church hall. Please come to the school office if you have any questions.



Sainsbury's Active Kids Vouchers

Please can you collect and donate your Active Kids vouchers to us. Our collection box is located in the Reception area. This year we can exchange them for an exciting range of active and cooking equipment to enable us to 'support kids to eat well, move well and live well'.



Bikeability Holiday Courses

Torbay Council is once again running their hugely popular Cycling courses in the Easter Holidays at Torbay Velopark. These range from Learn to Ride to Bikeability Level 2. There are courses for age 6 upwards. They fill quickly so please book early. Course information is available from twowheelstuition@yahoo.co.uk



31st March 2017 – Easter Bonnet Parade organized by FOSH.



FOSH are holding a Family Bingo Night on **23rd March 17**.

Eyes down at 6pm.



£1 A Strip



Refreshments on sale



FOSH Disco Night on **Thursday 30 March 2017**

Foundation & KS1 5.00pm – 6.15pm

KS2 – 6.30pm - 7.45pm



OUR FAMILY SUPPORT WORKER



Hi my name is **Mrs Louise Loram**; I'm your friendly Family Support Worker at your child's school.

I have supported families and children for the past 20 years and throughout this time have supported families with a range of issues, concerns and challenges. Being a mum myself I understand that parenting is probably the hardest job in the world, and sometimes we all could do with a little support to steer us in the right direction.

I am here to support you with any aspect of family life which is concerning you and your children at the moment. I don't claim to have all the answers but I have a lot of knowledge, experience and contacts within agencies and organisations I can signpost you to if need be.

My support will mostly be done through home visits; however I will also be attending groups within school so you can access me freely.

I will be holding a 'drop in' service on **Tuesday 18th April**, between 8.30am and 10.30am. This will be held in the side room off the church hall. Please come to the school office if you have any questions.

There's a possibility that other groups may start up, so watch this space!

If there is any aspect that you would like me to contact you about, let Mrs Nott or the school office know and they will put me in touch with you.

Sometimes a worry shared is a worry halved!





Cook's Corner



Lemon and Poppyseed cup cakes

Ingredients

150g Butter (unsalted)

3 free-range eggs, beaten

150g unrefined golden caster sugar

150g self-raising white flour

1tsp baking powder

30g poppy seeds



Zest of 1 lemon

3tbsp Natural yoghurt

Topping

3tbsp Unrefined golden caster sugar

Juice of 1 lemon

Method

- 1 Preheat the oven to 180°C. Line a cupcake tray with cake cases.
- 2 Place the butter and sugar in a bowl and beat with a wooden spoon, until light & fluffy. Gradually beat in the eggs a little at a time, adding flour if it curdles.
- 3 Stir in the remaining flour and then add the baking powder, lemon zest, poppy seeds and yoghurt.
- 4 Divide the mixture between the cases and bake for 20-25 minutes.
- 5 Cool completely.
- 6 Warm the lemon juice with the sugar until the sugar has dissolved and drizzle over the cakes.





Information for parents/carers about punctuality

Punctuality is a good thing!

Being on time:

- gets the day off to a good start with everyone in a positive frame of mind;
- sets positive patterns for the future;
- helps your child to make the most of his/her learning;
- helps children to develop a sense of responsibility both for themselves and for others;
- helps your child make and keep friends;
- leads to success and self-confidence.

Lateness is a bad thing!

Being late:



- gets the day off to a bad start, can put everyone in a bad mood and can be stressful;
- can be embarrassing for your child;
- is noticed by others who might make negative comments;
- may damage your child's confidence;
- your child will have missed out on vital instructions, information and bits of news at the start of the day, this may lead to them feeling confused;
- disrupts the learning for everyone;
- means children can fall behind in their learning;
- can create a bad habit that can be hard to break in the future;
- can lead to poor attendance.

Types of lateness

- Late **before** the registration closes – when your child is a few minutes late.
- Late **after** the register closes – **counts as an unauthorised absence.**

Some things that help

- Helping your child to get everything ready the night before (e.g. PE kit, reading book, school uniform).
- Finding out what your child will be doing each day.
- Allowing plenty of time to get to school.
- Making arrangements with neighbours, family or friends if you have problems getting your child to school.
- Making sure your child has breakfast or arrives at school in time for breakfast club.
- Helping your child organise homework.
- Establishing a good bedtime routine. Even simple things like making sure the room is dark enough to enable your child to sleep well can make mornings easier and less of a struggle.
- Making sure your child gets enough rest and is not distracted by too much time on the computer or watching TV.
- Setting an alarm clock!
- Taking care of yourself!

What should you do if you have a problem getting your child to school on time?

- **Talk** to your child first. **Talk** to your child's teacher.
- **Ask** for help from someone you feel you can talk to in school.



Remember we are here to help. We want to work together to find solutions so that little problems **don't** become BIG ones.