



SACRED HEART RC NURSERY AND PRIMARY SCHOOL

'Everyone is Sacred'

FRIDAY FLYER

28



2017

Dear Parents and Carers,

On Tuesday, Emily, our ICT assistant will be up-dating the school diary for this term. We are still aiming for the 30th June for our Sports Day. You will see that we have a packed summer term with lots of opportunities for families to be involved in all aspects of school life.



Last Friday we welcomed back our Year 6 PGL children. They were blessed with the weather and a thoroughly good time was had by all. A huge thank you to Mrs. Day, Mrs. Nott and Mrs. McCaig for giving of their time so willingly. This week Boots the Opticians came to visit Year 1 and Year 5 to inform us about looking after our vision and the importance of having regular eye tests. Students from St. Cuthbert Mayne came to work with our Years 4/5 children on the



song they had written for the 'Sing Around the Bay' concert. Yesterday Year 3 visited Paignton Harbour to complete some sketching as part of their theme and Year 4 went to PCSA to take part in a tennis skills festival. An event to look forward to is watching our girls' football team in the area small schools final at Torquay United football ground on the evening of May 11th.



I would like to thank Mrs. Wetherall for the great job she is doing as our new Lollipop Lady and to thank all parents who park safely in the Churchward Road car park each morning and evening. The council has given use permission for free parking, all we have to do is display our school badge. The badges can be obtained from the school office. The free parking is for 30 minutes in the morning and likewise at home time. We are NOT to park in the church car park as the spaces are reserved for staff and people attending church functions. Thank you for your consideration in with this matter.



It is good to see so many children in their summer uniform. I must stress that it is important that all children have a proper pair of school shoes and not just a variation of a black trainer. Not only is it part of our official school uniform but also necessary for health and safety reasons. Thank you.



We wish you and your family a peaceful weekend and remind you that we are back in school on Tuesday 2nd May.

Best wishes,

Helen Brown

Head teacher



LUNCH & AFTER SCHOOL CLUBS AND ACTIVITIES,

STARTING MONDAY 24th APRIL 2017

<u>DAY</u>	<u>ACTIVITY</u>	<u>SPACES AVAILABLE</u>	<u>Year Group</u>	<u>TIME</u>	<u>TEACHER/S RESPONSIBLE</u>	<u>ROOM</u>
<u>Monday</u>	Arts & Crafts	FULL	Reception, Y1 & Y2	12.30-13.00	Mrs Flintham	Year 1
	Early Physical Skills	9	Reception	15.15 - 15.45	Miss S While	Reception Class
	Knit or Crochet & Natter (Must bring 4mm short needles or 5mm crochet hook & Double Knit wool)	1	Reception, Yr1, 2, 3, 4, 5 & 6	15.15-16.30	Mrs M Dooley & Mrs T MacDonald	Jubilee Lodge
	Change For Life (Bring a healthy snack & a water bottle)	1	Reception & Yr1	15.15-16.15	Mrs Burt & Miss Witchell	Hall
	Torquay United Multi-Skills/Football Skills (Studded Football Boots & shin pads)	13	Yrs 2,3,4,5&6	15.30-16.30	TUFC	Playground/Victoria Park
	Cookery Please bring a tin - (£2 per session)	6	Reception	15.15-16.30	Mrs Sutton	Staff Room
	Guitar (Must have own guitar)	FULL	Yrs 3,4,5&6	15.30-16.15	Mr Allen-Wicks	Year 4
<u>Tuesday</u>	Recorders Term 3	Available to Yrs 4 who attended Term 1&2		13.00 – 13.30	Mrs Gridley	Year 4
	Cookery Please bring a tin - (£2 per session)	FULL	All	15.15-16.30	Mrs Sutton	Staff Room
<u>Wednesday</u>	Reporters Club	Invitation Only		12.45-13.30	Mrs Day	Yr 6
	Cookery Please bring a tin (£2 per session)	FULL	All	15.15-16.30	Mrs Sutton	Staff Room
	Create Club	2	Yrs 4 & 5	15.15-16.30	Mrs Gridley	Year 4
<u>Thursday</u>	Cookery Please bring a tin - (£2 per session)	FULL	All	15.15-16.30	Mrs Sutton	Staff Room
	Hi-5 Netball	6	Yrs 4,5,& 6	15.15-16.30	Mrs Cully	Playground
<u>Friday</u>	Choir	FULL	Yrs 1, 2, 3,4,5 & 6	13.00 – 13.30	Mrs Cully	Year 1
	Sports Club (footsul, tennis, basketball, cricket, rounders)	15	Yrs 5 & 6 by Invitation only	15.15-16.15	Mr T Powell	Playground
	Cookery Please bring a tin - (£2 per session)	3	All	15.15-16.30	Mrs Sutton	Staff Room
	Gymnastics	FULL	Yrs 3,4,5,&6	15.15-16.15	Miss Baldwin/Mrs Dickinson	Hall

Star Certificates

	 <u>Star Worker</u>	<u>Star Writer</u>	<u>Star Citizen</u>
<u>Rec</u>	Suzy	Owen C	Ariahna
Year 1	Thady	 Louie	Finlay
Year 2	Rebekah	Freya	Connie
Year 3	Maisy	Jessie	Lily
Year 4	Ashley	Skye	 Toni-Adelle
Year 5	 Amelia	Mateusz	Jack
Year 6		 Whole Class	



Parents/Carers, please can you **telephone** the school **BEFORE 09:30** to inform that your child will be absent from school and give the reason for that absence. Please ring **each day** that your child is absent unless there is a definitive timescale of absence i.e. there needs to be **48 hours** clear from the last bout of sickness and/or diarrhea.



NURSERY

PARENTS



Please could you contact the school office if your child is poorly on the days they are due to attend nursery.

REMEMBER to also send in a letter when your child returns to school, confirming the dates and reason for their absence.

Norovirus Season 2016/17

Public Health England has contacted all schools regarding the approaching norovirus season with guidelines to help minimise the risk of outbreaks.

Novovirus causes viral gastroenteritis, characterised by the sudden onset of vomiting and/or diarrhea. It can spread rapidly in closed environments such as schools, childcare settings, hospitals and nursing homes. **However, most people do not require treatment and recover at home within one or two days.**

Novovirus is easily transmitted from person to person and by consuming contaminated food or water or by contact with contaminated surfaces or objects. **Therefore**

If your child develops novovirus please help avoid the spread by

- Staying away from school until they have been free from symptoms for at least 48 hours and avoid contact with others where possible.
- Keep hydrated by drinking fluids as tolerated.
- If symptoms persist (more than 48hours), phone the GP or the NHS non –emergency number 111 for advice.
- Wash hands thoroughly with soap and water regularly but particularly after toilet visits and before eating/handllng food. Alcohol hand gel is not effective against novovirus.

Please note – FOR HEALTH AND SAFETY REASONS DOGS ARE NOT ALLOWED IN THE SCHOOL PLAYGROUND.



PARKING!



We appreciate parking is limited at the beginning of the day and at the end of the day when parents are dropping off and collecting children from school. **However** we must remember that the school is placed in a residential community and local residents do have the right to be able to enter and leave their homes at all times of the day

If you have not already done so, you can collect a permit from the school office which will allow you to park in the Churchward Road car park free of charge during the drop off and pick up times.



Second Hand Uniform For



Sale

The School Council members will be holding a **second hand uniform sale in the playground in the last week of each half term.** Look out for confirmation of the date and then come and grab a bargain!!

New School Uniform
is available from

Riviera Schooldays

186 Union Street

Torquay

TQ2 5QP

Tel: 01803 293650

www.rivieraschooldays.co.uk



LITERACY CORNER



Dragon's Green by Scarlett Thomas

AFTER THE WORLDQUAKE, MAGIC IS SEEPING INTO OUR WORLD.

Effie Truelove is a new pupil at the Tusitala School for the Gifted, Troubled and Strange, with its twisted grey spires and an English teacher so frightening she gives the class nightmares. When her beloved grandfather is brutally attacked, Effie promises to look after his magical books. But then shady book-collector Leonard Levar gets his hands on them and Effie has to embark on the most dangerous adventure of her life ...Effie must travel to the mysterious Otherworld, unlock the hidden meaning of an old book called Dragon's Green, and brave the terrifying Diberi, a secret organisation with plans that could destroy the entire universe. But Effie can't face the Diberi alone. Can her new school-friends Maximilian, Wolf, Lexy and Raven combine their gifts and discover their true powers in time?

The first in the thrilling new children's series - the Worldquake
.sequence

ATTENDANCE



Do you know that if your child has a record of 90% attendance what it actually means?

- Half a day missed every week
- Nearly four whole weeks of lessons missed in a school year!
- Half a school year missed over five years!

Class	Attendance %	% of Lateness
Reception	94.7	0.000
Year 1	98.2	0.000
Year 2	99.0	0.000
Year 3	96.0	0.666
Year 4	99.3	0.000
Year 5	99.3	0.000
Year 6	90.3	1.034



For this week:

The Attendance Award goes to Years 4 & 5

&

The Quick Start Award goes to Reception, Years 1, 2, 4&5

SACRED HEART TODDLER GROUP



This group meets each Monday afternoon from 2.00pm to 3.00pm in the school hall. **Please note that entry is through the Nursery gate.** All are very welcome.

Note: Toddler Group resumes on 8th May 2017



Breakfast Club

We are now running our own Breakfast Club from 8.00 – 8.45 each day at a cost of £2.00 per session. Juice, cereal bars and fruit are provided.

This is being run by one of our teaching assistants Mrs. English.

Application forms are available from the school office.



BANK HOLIDAY – MONDAY 1st May



FAMILY SUPPORT WORKER DROP-IN

Our family support worker Louise Loram will be holding a 'drop in' service, next **Tuesday 16th May**, between 8.30am and 10.30am. This will be held in the side room off the church hall. Please come to the school office if you have any questions.



Our Girl's football team will be playing in the final again this year!

Finals night will be on Thursday 11th May at Torquay United.

The game is scheduled for **6:15pm**. It would be great if you could support Sacred Heart's footballing success.



Sainsbury's Active Kids Vouchers

Please can you collect and donate your Active Kids vouchers to us. Our collection box is located in the Reception area. This year we can exchange them for an exciting range of active and cooking equipment to enable us to 'support kids to eat well, move well and live well'.



Year 5 Bikeability L2 course 2-5 May 2017

Our Year 5 children are at Warren Barn 8 - 11 May 17

Non-pupil day - Friday 26th May 2017

Half term 29th May – 2nd June 2017



CARY PARK TENNIS CLUB are holding a '**Grandparents Day**' on 30th April 17 12:00-4:00pm. **Free** to all ages accompanied by a grandparent or grandchild. Coaching available or just play. **Free refreshments, goody bags and gifts for children.** **Also**, on Saturday 13th May 17 from 2:00- 5:00, as part of the Great British Tennis Weekend, Cary Park Tennis Club are having Free Taster sessions for all of the family. Book free at www.greatbritishtennisweekend.com or alternatively just turn up on the day.



Cook's Corner



No-Bake Chocolate Chip Granola Bars

Ingredients:

¼ cup butter

1 cup crispy rice cereal

¼ cup honey

½ teaspoon vanilla

⅓ cup packed brown sugar

2 tablespoons mini chocolate chips

2 cups quick cooking oats (not rolled oats)

Method:

In a large bowl, stir oats and rice cereal together. Set aside. In a small pot, melt butter, honey and brown sugar together over medium high heat until it comes to a bubble. Reduce the heat and cook for 2 minutes. Pour in vanilla and stir. Pour over dry ingredients and mix well to moisten all ingredients. Pour into lightly greased small jelly roll pan (about 12x8x1) and press out to be about ¾ inch in thickness. Sprinkle with mini chocolate chips and press down lightly. Cool on a countertop to room temperature for two hours or until the chocolate chips are set before cutting into bars. Wrap in parchment or plastic wrap and store at room temperature.

Makes: 10 bars





OUR FAMILY SUPPORT WORKER



Hi my name is **Mrs Louise Loram**; I'm your friendly Family Support Worker at your child's school.

I have supported families and children for the past 20 years and throughout this time have supported families with a range of issues, concerns and challenges. Being a mum myself I understand that parenting is probably the hardest job in the world, and sometimes we all could do with a little support to steer us in the right direction.

I am here to support you with any aspect of family life which is concerning you and your children at the moment. I don't claim to have all the answers but I have a lot of knowledge, experience and contacts within agencies and organisations I can signpost you to if need be.

My support will mostly be done through home visits; however I will also be attending groups within school so you can access me freely.

I will be holding a 'drop in' service on **Tuesday 16th May**, between 8.30am and 10.30am. This will be held in the side room off the church hall. Please come to the school office if you have any questions.

There's a possibility that other groups may start up, so watch this space!

If there is any aspect that you would like me to contact you about, let Mrs Nott or the school office know and they will put me in touch with you.

Sometimes a worry shared is a worry halved!





Information for parents/carers about punctuality

Punctuality is a good thing!

Being on time:

- gets the day off to a good start with everyone in a positive frame of mind;
- sets positive patterns for the future;
- helps your child to make the most of his/her learning;
- helps children to develop a sense of responsibility both for themselves and for others;
- helps your child make and keep friends;
- leads to success and self-confidence.

Lateness is a bad thing!

Being late:



- gets the day off to a bad start, can put everyone in a bad mood and can be stressful;
- can be embarrassing for your child;
- is noticed by others who might make negative comments;
- may damage your child's confidence;
- your child will have missed out on vital instructions, information and bits of news at the start of the day, this may lead to them feeling confused;
- disrupts the learning for everyone;
- means children can fall behind in their learning;
- can create a bad habit that can be hard to break in the future;
- can lead to poor attendance.

Types of lateness

- Late **before** the registration closes – when your child is a few minutes late.
- Late **after** the register closes – **counts as an unauthorised absence.**

Some things that help

- Helping your child to get everything ready the night before (e.g. PE kit, reading book, school uniform).
- Finding out what your child will be doing each day.
- Allowing plenty of time to get to school.
- Making arrangements with neighbours, family or friends if you have problems getting your child to school.
- Making sure your child has breakfast or arrives at school in time for breakfast club.
- Helping your child organise homework.
- Establishing a good bedtime routine. Even simple things like making sure the room is dark enough to enable your child to sleep well can make mornings easier and less of a struggle.
- Making sure your child gets enough rest and is not distracted by too much time on the computer or watching TV.
- Setting an alarm clock!
- Taking care of yourself!

What should you do if you have a problem getting your child to school on time?

- **Talk** to your child first. **Talk** to your child's teacher.
- **Ask** for help from someone you feel you can talk to in school.



Remember we are here to help. We want to work together to find solutions so that little problems **don't** become BIG ones.