



SACRED HEART RC NURSERY AND PRIMARY SCHOOL

FRIDAY FLYER

3rd February 2017

'Everyone is Sacred'

Dear Parents and Carers,

This week it was Year two's turn to take part in a sports festival at PCSA. They enjoyed themselves and all played fairly. Well done to Year two.



The School Council have been very active this year. Their current project is collecting carrier bags for the ANODE charity. Since you have to pay for carrier bags they have a shortage of bags to pack food parcels in. Our School Council have sent information out and are keeping a class tally to make it into a friendly competition. Nigel from Anode will be coming in to talk to the children on Friday morning so let's hope he will be able to collect a lot of carrier bags.



Mr. Allen-Wicks, as our maths lead, has started a times table tournament for children in Years four, five and six. This week's winners are Rio (Y5), Ayden (Y6) and Annena (Y6). Well done to all the children and get learning all your tables and you could be winning the prize next week!

We are looking forward to our Paralympian visit to the school. All our children will be taking part in a relay circuit in order to raise money for British athletes and the school PE fund. All children have received a fund raising form, which needs to be back by Tuesday 7th February so that the children can receive their prizes on Thursday. Many thanks for your support in this matter and happy fundraising.



Next week we are holding our Prayer Space event. Teams of staff will be preparing the church rooms after school on Tuesday and the children will be invited in to the prayer space on Wednesday 8th February. It provides a space for the children to be quiet, peaceful and reflective. Parents are invited to visit on Thursday morning. It would be lovely to welcome you.

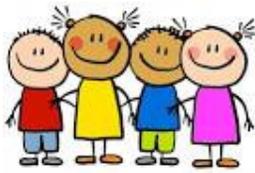


We wish you and your family a peaceful weekend.

Best wishes

Helen Brown

Head Teacher



NURSERY PARENTS



Please could you contact the school office if your child is poorly on the days they are due to attend nursery.



Parents/Carers, please can you **telephone** the school **BEFORE 09:30** to inform that your child will be absent from school and give the reason for that absence. Please ring **each day** that your child is absent unless there is a definitive timescale of absence i.e. there needs to be **48 hours** clear from the last bout of sickness and/or diarrhea.

REMEMBER to also send in a letter when your child returns to school, confirming the dates and reason for their absence.

ATTENDANCE



Do you know that if your child has a record of 90% attendance what it actually means?

- ***Half a day missed every week***
- ***Nearly four whole weeks of lessons missed in a school year!***
- ***Half a school year missed over five years!***

<i>Class</i>	<i>Attendance %</i>	<i>% of Lateness</i>
<i>Reception</i>	<i>96.0</i>	<i>0.000</i>
<i>Year 1</i>	<i>98.6</i>	<i>0.000</i>
<i>Year 2</i>	<i>95.7</i>	<i>0.333</i>
<i>Year 3</i>	<i>91.8</i>	<i>2.142</i>
<i>Year 4</i>	<i>94.1</i>	<i>1.034</i>
<i>Year 5</i>	<i>97.0</i>	<i>0.333</i>
<i>Year 6</i>	<i>91.0</i>	<i>2.069</i>



For this week:

The Attendance Award goes to Year 1

&

The Quick Start Award goes to Reception and Year 1



Star Certificates

Every week children are chosen from each class to receive recognition for their achievements;

	 <u>Star Worker</u>	<u>Star Writer</u>	<u>Star Citizen</u>
Rec	Thomas	Franki-Mai	Lennie 
Yr 1	Maisie	Thady	Scarlett
Yr 2	Jaiden	Scott	Freya
Yr 3	Hayden	Millie	Lily
Yr 4	Skye	Kira	Maximilian
Yr 5	Logan	Maddison	Robert
Yr 6	Tyler	Ava	Samuel 

SACRED HEART TODDLER GROUP



This group meets each Monday afternoon from 2.00pm to 3.00pm in the school hall. **Please note that entry is through the Nursery gate.** All are very welcome.



Breakfast Club

We are now running our own Breakfast Club from 8.00 – 8.45 each day at a cost of £2.00 per session. Juice, cereal bars and fruit are provided.

This is being run by one of our teaching assistants Mrs. English.

Application forms are available from the school office.



Dates for Diaries

FAMILY SUPPORT WORKER DROP-IN



Our family support worker Louise Loram will be holding a 'drop in' service, next **Tuesday 21st February**, between 8.30am and 10.30am. This will be held in the side room off the church hall. Please come to the school office if you have any questions.

Mondays & Tuesdays 'Name the Teddy' 20p a go! Organised by Ava & Erin for their Civic Award. Please support them if you can.



Nathanial and Kajus in Yr6, as part of their Civic Award, are raising money for their chosen Charity – 8 Below Husky Rescue. They are asking you to 'Name the Husky' for 20p, on Wednesday & Thursday afternoons at 3.15pm in the playground. Please support them if you can. Many thanks.



Sainsbury's Active Kids Vouchers

Please can you collect and donate your Active Kids vouchers to us. Our collection box is located in the Reception area. This year we can exchange them for an exciting range of active and cooking equipment to enable us to 'support kids to eat well, move well and live well'.



Second Hand Uniform For Sale

The School Council members will be returning to sell second hand uniform in the playground on alternate Friday afternoons at 3.15pm. Come and grab a bargain!!

New School Uniform is available from

Riviera Schooldays

We have moved, we are now at

186 Union Street
Torquay
TQ2 5QP

Tel: 01803 293650

www.rivieraschooldays.co.uk

Norovirus Season 2016/17

Public Health England has contacted all schools regarding the approaching norovirus season with guidelines to help minimise the risk of outbreaks.

Novovirus causes viral gastroenteritis, characterised by the sudden onset of vomiting and/or diarrhea. It can spread rapidly in closed environments such as schools, childcare settings, hospitals and nursing homes. **However, most people do not require treatment and recover at home within one or two days.**

Novovirus is easily transmitted from person to person and by consuming contaminated food or water or by contact with contaminated surfaces or objects. ***Therefore***

If your child develops novovirus please help avoid the spread by

- Staying away from school until they have been free from symptoms for at least 48 hours and avoid contact with others where possible.
- Keep hydrated by drinking fluids as tolerated.
- If symptoms persist (more than 48hours), phone the GP or the NHS non –emergency number 111 for advice.
- Wash hands thoroughly with soap and water regularly but particularly after toilet visits and before eating/handllng food. Alcohol hand gel is not effective against novovirus.

What's In The Box?



We now have a **Lost Property** box located in the reception office.

Inside there is currently:-

A pink scarf, a LFC red and black hat, a pair of penguin gloves, a school PE t-shirt age 7-8, TU grey school trousers ages 8 years, a red England football shirt, a black tasseled scarf, a school jumper aged 5-6 years, a school fleece aged 9-10, A school PE t-shirt aged 7-8 marked SB, a white 'nutmeg' polo shirt aged 10-11, a school book bag – unnamed, a 'Miss Evie' grey marl pink lined hoodie aged 13-14, a khaki parka coat from H&M, a navy bobble hat, M&S school trousers aged 9-10 years, a YD leopard print furry gilet aged 7-8 years, furry leopard print earmuffs, a pink shopkins water bottle, a grey and blue wooly hat, a school logo'd PE bag, TU grey school trousers aged 11 years, school cardigan aged 6-7yrs, ecru next hooded cardigan aged 4-5 years, a blue 'Cars' scarf, an angel halo, a red & white hair band, a PE T-shirt aged 7-8 years, a pair of 'George' black PE plimsolls size 3, a pair of black plimsolls size 12, a cream wooly panda bobble hat, a pink 'Slazenger' water bottle, one red, blue, green & cream stripy glove, a black & grey stripy glove, a bright yellow umbrella and finally, a grey and maroon glove with a bird motif

....Phew!!



Do they belong to you....???

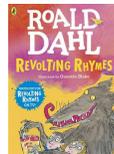
****Please note that any unclaimed items will be sold on the last Friday before half term ****



Literacy Corner

Revoltng Rhymes by Roald Dahl

I bet you think you know this story. You don't. The real one's much gorier. From Cinderella and Goldilocks to Little Red Riding Hood and the Three Little Pigs, wicked beasts, brazen crooks and a ghasly giant star in these hilarious nursery rhymes with BITE!



PARKING!

We appreciate parking is limited at the beginning of the day and at the end of the day when parents are dropping off and collecting children from school. **However** we must remember that the school is placed in a residential community and local residents do have the right to be able to enter and leave their homes at all times of the day

If you have not already done so, you can collect a permit from the school office which will allow you to park in the Churchward Road car park free of charge during the drop off and pick up times.





OUR FAMILY SUPPORT WORKER



Hi my name is **Mrs Louise Loram**; I'm your friendly Family Support Worker at your child's school.

I have supported families and children for the past 20 years and throughout this time have supported families with a range of issues, concerns and challenges. Being a mum myself I understand that parenting is probably the hardest job in the world, and sometimes we all could do with a little support to steer us in the right direction.

I am here to support you with any aspect of family life which is concerning you and your children at the moment. I don't claim to have all the answers but I have a lot of knowledge, experience and contacts within agencies and organisations I can signpost you to if need be.

My support will mostly be done through home visits; however I will also be attending groups within school so you can access me freely.

I will be holding a 'drop in' service on **Tuesday 21st February**, between 8.30am and 10.30am. This will be held in the side room off the church hall. Please come to the school office if you have any questions.

There's a possibility that other groups may start up, so watch this space!

If there is any aspect that you would like me to contact you about, let Mrs Nott or the school office know and they will put me in touch with you.

Sometimes a worry shared is a worry halved!





Cook's Corner



Chinese Spring Rolls

(Makes about 8)

You will need:

600g of mixed chopped/shredded vegetables (e.g. bean sprouts, shitake mushrooms, pepper, cabbage, spring onion) or a pack of ready chopped stir fry mix

A pack of filo pastry sheets (8 sheets)

1 tsp Chinese five spice powder

1 tsp ready to use crushed garlic

1tsp ready to use crushed/grated ginger

Splash of soy sauce

Milk or beaten egg

Sesame seeds for sprinkling (optional)

Sweet chilli dipping sauce to serve (optional)

Oven at Gas Mark 5



To Make:

Place chopped vegetables into a bowl. Depending on ages/ability, children may be able to chop the vegetables themselves.

Add flavourings including Chinese five spice, garlic, ginger and soy sauce. Mix together.

Take a sheet of filo pastry and lay on a chopping board. Place some vegetables at one end of the pastry in a sausage shape. Begin rolling the pastry around the vegetables, folding in the excess pastry at each end as you go. Be careful not to let the filling split or break the pastry. If it does, keep going as it will be covered as you continue to roll.

Brush the end of the pastry before rolling the final bit, to stick the roll together, and then place on a baking tray. Brush each spring roll with more milk or beaten egg. If using, sprinkle with sesame seeds before baking in the oven for 20-25 mins until crispy and golden.

Allow the rolls to cool a little before serving with sweet chilli dipping sauce. Mmmmmm!!!





Information for parents/carers about punctuality

Punctuality is a good thing!

Being on time:

- gets the day off to a good start with everyone in a positive frame of mind;
- sets positive patterns for the future;
- helps your child to make the most of his/her learning;
- helps children to develop a sense of responsibility both for themselves and for others;
- helps your child make and keep friends;
- leads to success and self-confidence.

Lateness is a bad thing!

Being late:



- gets the day off to a bad start, can put everyone in a bad mood and can be stressful;
- can be embarrassing for your child;
- is noticed by others who might make negative comments;
- may damage your child's confidence;
- your child will have missed out on vital instructions, information and bits of news at the start of the day, this may lead to them feeling confused;
- disrupts the learning for everyone;
- means children can fall behind in their learning;
- can create a bad habit that can be hard to break in the future;
- can lead to poor attendance.

Types of lateness

- Late **before** the registration closes – when your child is a few minutes late.
- Late **after** the register closes – **counts as an unauthorised absence.**

Some things that help

- Helping your child to get everything ready the night before (e.g. PE kit, reading book, school uniform).
- Finding out what your child will be doing each day.
- Allowing plenty of time to get to school.
- Making arrangements with neighbours, family or friends if you have problems getting your child to school.
- Making sure your child has breakfast or arrives at school in time for breakfast club.
- Helping your child organise homework.
- Establishing a good bedtime routine. Even simple things like making sure the room is dark enough to enable your child to sleep well can make mornings easier and less of a struggle.
- Making sure your child gets enough rest and is not distracted by too much time on the computer or watching TV.
- Setting an alarm clock!
- Taking care of yourself!

What should you do if you have a problem getting your child to school on time?

- **Talk** to your child first. **Talk** to your child's teacher.
- **Ask** for help from someone you feel you can talk to in school.



Remember we are here to help. We want to work together to find solutions so that little problems **don't** become BIG ones.